

ENPORTBETA

RURAL TOURISM OFFERS BROCHURE

FROM THE CONTENT



- VISITING PEOPLE
- ADVENTURE TOURISM
- SLOW TRECK
- MOUNTAIN TRAIL
- CULTURAL TOURISM
- TRANSYLVANIAN BRUNCH

- ART AND ARCHEOLOGY IN SARDINIA
- RAZIM LAKE
- CALATA COUNTRY
- DANUBE DELTA
- CARPATHIAN WILDLIFE

In this brochure, we gathered a number of tourist routes and offers from rural territories of the associations involved in the EnportBeta cooperation project

EnportBeta



Team EnportBeta

- GAL Distretto Rurale Barbagia, Mandrolisai, Gennargentu (Italy)
- GAL La Cittadella del Sapere (Italy)
- Pays Vichy-Auvergne (France)
- GAL Kotel, Sungurlare and Varbitsa (Bulgaria)
- Bistrita-Năsăud Leader GAL Association (Romania)
- Association GAL Lider Cluj (Romania)
- Gal Danube Delta (Romania)
- GAL Razim Association (Romania)
- Gal Napoca Porolissum (Romania)



AGRITOURISM

VISITING PEOPLE

Where: GAL Lider Cluj - Aiton,
Feleacu, Băișoara, Petreștii de
Jos, Valea Ierii (Romania)

An increasingly popular and more common form of (sustainable) tourism is agritourism, i.e., not only accommodation in rural environment, but also observing and participating in daily agricultural activities.



Day 1

We start our journey in the villages of the LAG, to visit households. **Our first stop is in Gheorghieni**, where the Luca family is waiting for us in their yard.

From beyond the gate, it doesn't look like anything special, but once you enter the garden, we will discover a real paradise: plantations of **raspberries, blackberries, apples, pears**, but also **plums, apricots** and **peaches**. Mrs. Luca complained about her big problem: the deer that eat the flowers of peppers and tomatoes.... We will also be able to participate in the harvesting of these goodies and eat our fill...

From here we will continue to the village of Gheorghieni to visit a **small producer of honey** and other beekeeping products. We will have a **demonstration of beekeeping**, in which we will learn more about the queen, drones and pollen. Of course, we will be able to taste and buy the delicious products.

In the evening we will arrive at our **accommodation at Trovant Land** in the village.

VISITING PEOPLE



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TROVANT LAND, GHEORGHIENTI

Day 2

Today we go to **Aiton** to help the fine people here with their cigars. The first stop will be at Mr. Groba, **breeder of rabbits and exhibition chickens**. We will see the bunnies and feed the chickens and collect eggs.

At lunch, Tanti Vali is waiting for us to show us her private collection of **costumes and folk art**.

Returning for lunch at the guesthouse, we will also go to the village of Gheorghieni to the small **Caseus cheese factory**. We will be explained exactly the process of "squeezing" the milk, obtaining the curd and fermentation. A product tasting must not be missing from the program.

Day 3

Today we will go to **Petreștii de Jos**, where we will get to know the largest domestic animals in the area, the **buffaloes**. Famous for their thick and tasty **milk**, they can still be seen grazing the plains of the area. We will learn more about them, about how these imposing animals used to be worked, but also about how intelligent they actually are.

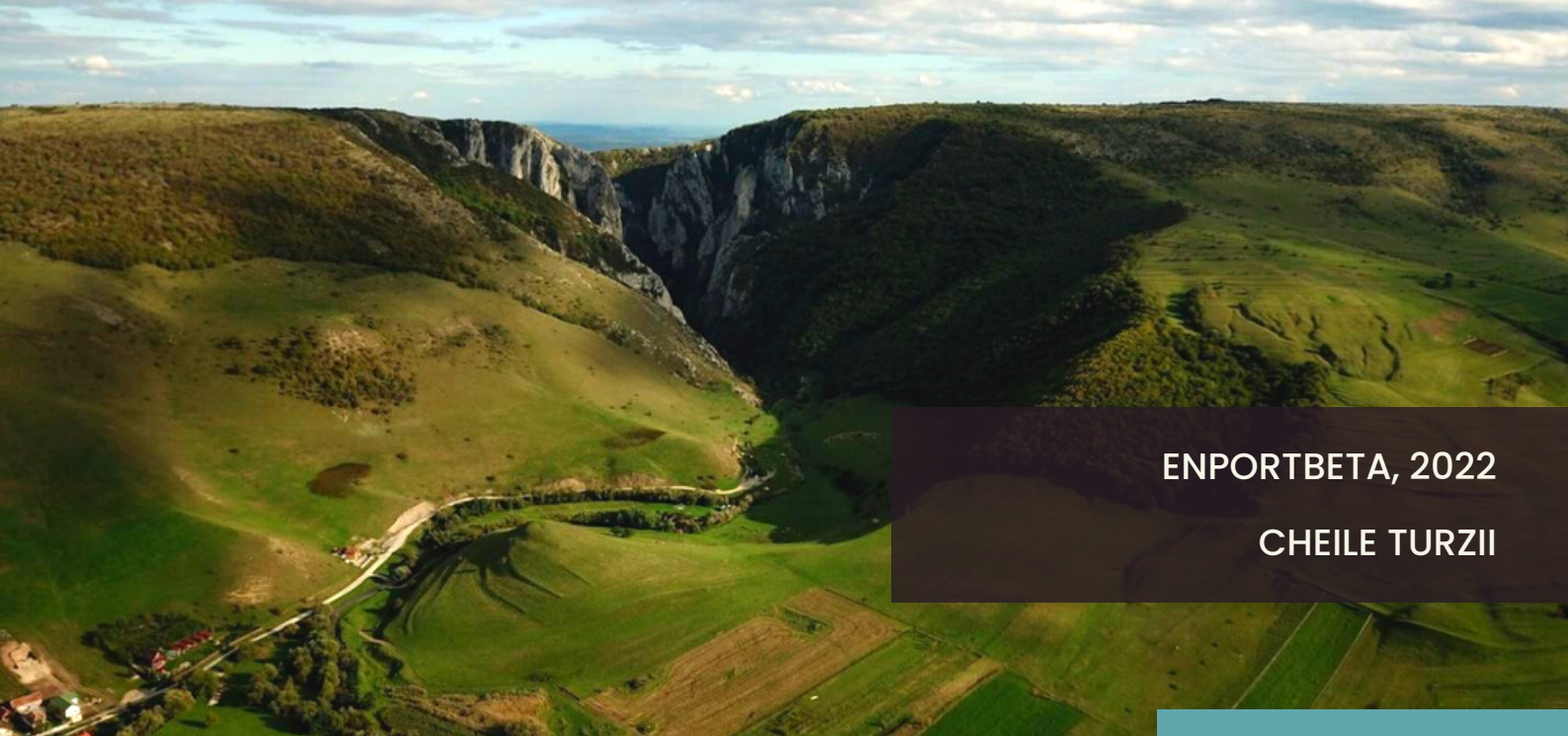
In the afternoon we will return to **Aiton** and go to the **palincaria**. Whether it is called **brandy, horinca, palinca or brandy**, this drink is made from almost any kind of fruit (especially plums), being double distilled. However, the exact matching of strength and taste is a great art...

Day 4

After breakfast, we will leave for **Băișoara**, where an expert will lead us through the forest, to the **best places to pick berries**. We will fill our baskets and have a picnic in a light.

After lunch we will go to Mrs. Lavinia Duma from **Grădina de Munte**. Together with her, we will learn to prepare what we collected and **make delicious jams**.

In the evening we will return to the guesthouse.



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CHEILE TURZII

Day 1

ADVENTURE TOURISM

Where: GAL Lider Cluj - Aiton,
Ploscoș, Tureni, Iara, Petreștii de
Jos, Valea Ierii (Romania)

This package is aimed at families or small groups of friends, with average physical condition, willing to try various activities in nature. It is recommended that these experiences be done with a tour guide, but they can also be done individually.



Arrival and accommodation in the village of **Gheorghieni**, Feleacu commune.

The participants arrive at the **Trovant Land Guesthouse** on their own, check in, eat dinner and rest.

Day 2: Bicycle tour

Gheorghieni – Aiton – Crairât

After breakfast, the tourists get on their bikes and start pedaling towards the neighboring village, **Aiton**. In its center, close to the town hall, they will visit the place where the **Roman milestone** was discovered (now at the Turda history museum), the **"Zeyk Sandor" mansion** and an imposing tree, considered to be one of the oldest ash trees in Europe. In the shade of the ash tree we will enjoy a **picnic** prepared by the only public catering unit in the commune – a small local producer located right at the entrance to the village.

From here, the road takes us past the hill called **"Ciolt"**, where extremely heavy battles took place during the Second World War. On sunny days, this is the point that offers a wonderful panorama of the Apuseni Mountains, on one side, and the Eastern Carpathians on the other. From here, we will continue pedaling and we will reach **Crairât village, Ploscoș** commune. If we are to listen to historians and archaeologists, in this place there was a great and flourishing civilization during the Bronze Age...

In the evening we will return to Aiton and from here to our accommodation in Gheorghieni.

ADVENTURE TOURISM

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CHEILE TURENI

Day 3: Horse riding

Today we will leave the bikes aside and go by car also in Feleacu commune, to the **Wonderland Complex**. Here, the specialized guides will introduce us to the **horses**.

Nor that there can be a more pleasant way to visit the two impressive karst formations, **Cheile Turenilor** and **Cheile Turzii**, than on **horseback**. At lunch we will let the horses rest and graze, while we will enjoy the famous **mititei** (Balkan specialty) and a **Szekler cake, kurtos kalacs**, as dessert.

In the afternoon we will return to the stables and from here back to Gheorghieni.

Day 4: Adventure in the Gorges

After breakfast, we will return to **Cheile Turzii** and start a hike from **Turda**, going up through the western part, the least known and practiced by tourists. Having reached the top, on the ridge, we will have a spectacular panorama, with the Gorges and the Hășdate Stream at our feet.

The descent is made on the other side of the Gorges, namely through the village of Petreștii de Jos, where some delicious hot pies await us. Re-entering the Gorges, through the valley, we will reach the place where the climbers are waiting for us and

where we will start climbing the calcareous rocks of the Turzii Gorges. There are both beginner and advanced trails.

Day 5: Mountain biking

Today we will head to **Baișorii Mountain, the most important ski resort** in Cluj County. However, we are not interested in skiing today, but pedaling.

The planned route totals **18 kilometers** and assumes a difference in level of approximately 590 meters and includes the following points: **Muntele Baisorii Resort – Crint – Gabriela – Sub Varful Buscat – Sesul Cald (Buscat Parking) – Crucea Crencii (Stauina Runcanilor) – Valea Vadului – Mount Baisorii resort**.



ADVENTURE TOURISM



Day 6: Paragliding

Today, on the last day of our adventure in this beautiful but little-known area of Transylvania, we will have the ultimate adventure experience: paragliding.

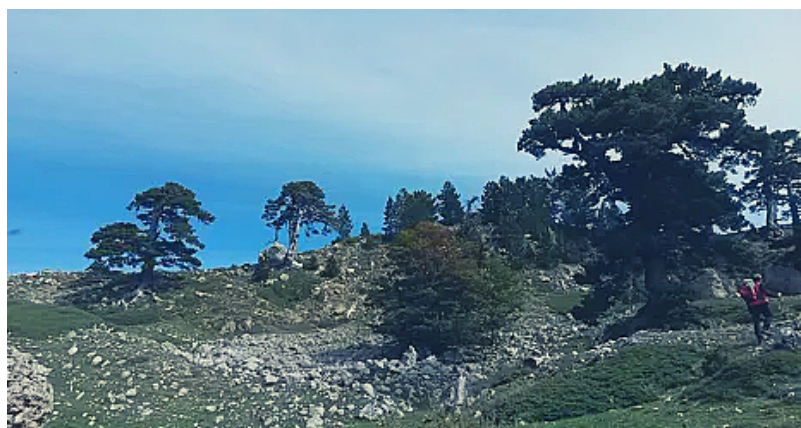
We will go by **car** to the village of **Iara**, on **Vârful Hiju** and from here we will fly, in tandem, over millions of years of geological and historical evolution.

Among other things, we will see endless beech, oak and fir forests, Gorges and countless caves, but also thousands of years of history, especially the ruins of the **Lita Fortress**.

In the evening we will return to the accommodation to celebrate the unforgettable adventures we experienced in the territory of the Lider LAG.



SLOW TRECK



Discover Pollino National Park - GAL La Cittadella del Sapere (Italy)

The gods of Pollino, enchanting landscapes and grazing in the wild take us into a surreal atmosphere between the **Tyrrhenian** and **Ionian**. To take the path that leads to **Serra delle Ciavole**, you have to get to **Colle dell' Impiso** by car, that can be reached from **Viggianello**.

With fresh air and a clear sky, you walk in happy company among the beech trees that populate the slopes of the **"Mount of Apollo"**.

The path climbs gently on the first leaves of autumn until it descends on a flat grassy surface surrounded by tree-lined hills. We go through the wood where we can see the exquisite **"Natalini" (clytocibe geotropa)** and none of the group intends to let them rot under the trees.

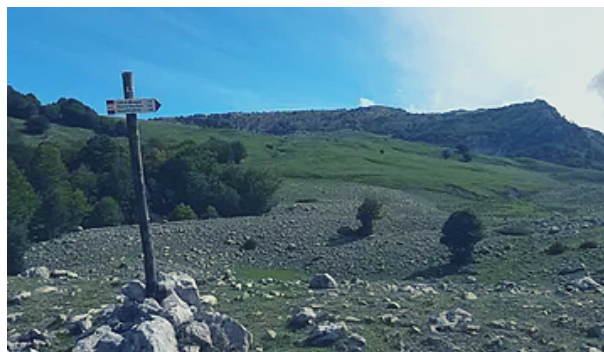
Just a small knife and a bag with holes to drop the spores for the forest that a kilo of mushrooms can be collected in a few minutes.



A gentle climb and you arrive on a tree-lined row that runs along the **Frido stream**. Here the sun draws a play of lights between the trees and the river drags everyday thoughts with it until it becomes estranged in the atmosphere.

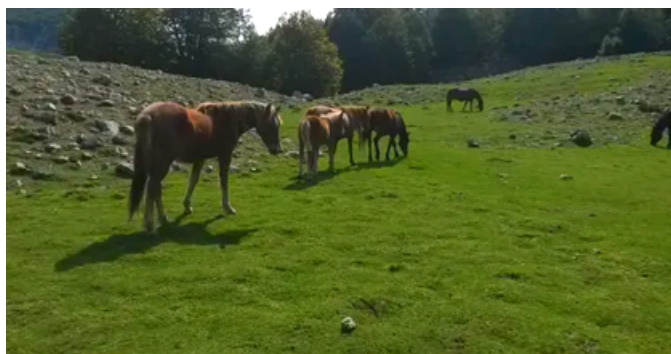
Suddenly the path increases its slope and someone is outlined among the zig-zag paths drawn by passers-by among the tree-lined rows. It is the beginning of autumn and the leaves begin to color the slopes with a thousand shades

After this climb you reach an unexpected opening, **the plans of the Pollino**.



SLOW TRECK

From here you can see the 3 most impressive peaks of the massif, **Serra delle Ciavole**, **Monte Pollino** and **Serra Dolcedorme**. In the immediate vicinity, below us, a sinkhole draws a mini amphitheater that houses a group of horses in the wild.



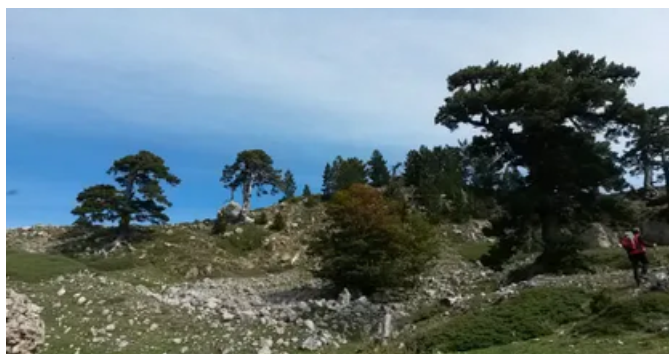
On the left, a gentle slope made up of a series of green hills that seem to undulate over the Pollino valley begins.

Here, we are enchanted and, to better enjoy the landscape, we savor a genuine snack. Along the gentle climb you can see rows of "pratalini" that are attacked by various passers-by walking towards the peaks.



After a few minutes of walking, the so-called "**Sentinelle del Pollino**" appear in front of us.

Two centuries-old Loricati Pines that protrude towards the valley as if to dominate it.



We pass a small rocky slope and a huge limestone wall dotted with loricated pines jumps to our eyes.

The path leads us through the endemic trees that make the climb not very tiring between one glance and the next. The lorica is the symbol of undisputed strength on the heights exceeding 2000m.



ENPORTBETA, 2022
SÂNGEORZ BĂI TRAIL

MOUNTAIN TRAIL

Where: Bistrița-Năsăud Lider GAL
- Sângeorz Băi - Craia Peak -
Țapului Peak - Tarnița Obârșia
Rebrii (Romania)

Distance: 15 km
Time: 12 hours
Marking trail: Blue line
Difficulty: medium



Recommended season: summer-autumn

Recommended group: 2-20 people

Duration: 4-5 days

Access:

Cluj-Napoca Airport – Sângeorz-Băi (about 2.5 hours, 140 km). There is also a Cluj – Sângeorz-Băi bus that departs at 2:30 p.m. for Sângeorz-Băi and can pick up from airport.

Train: Cluj-Napoca – Ilva Mică, from here opt for a taxi to Sângeorz-Băi. The phone numbers are displayed in the Ilva Mică train station

Accommodation units: villas, mansions, hotels, cabins

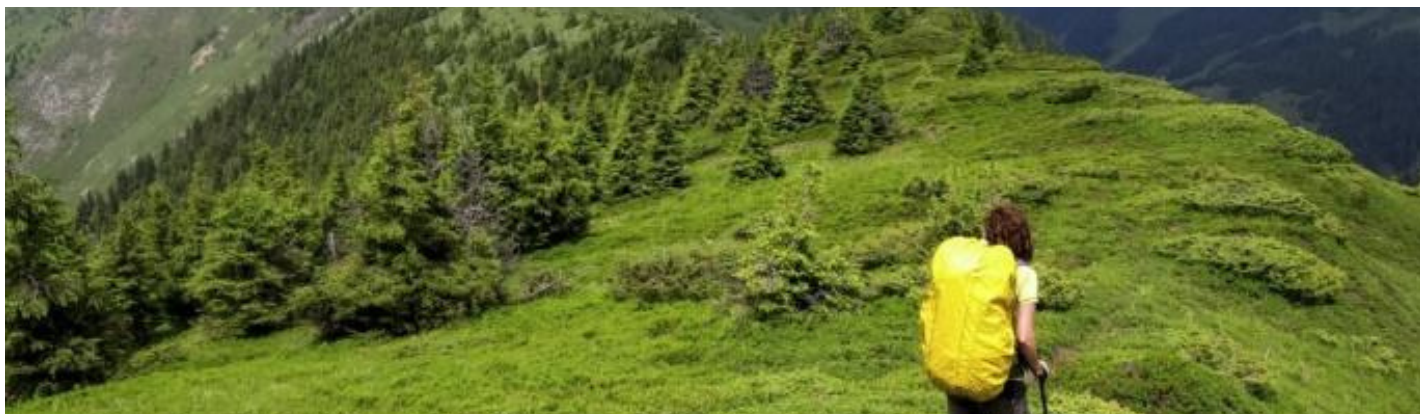
Facilities in accommodation units: swimming pool (Decorale), internet, skunk treatment with mineral water (Hebe)

Costs:

Accommodation between **50-90 euros per night** (with breakfast)

Lunch and dinner per day: **about 50 euros per person**

MOUNTAIN TRAIL



Day 1: Arrival

Transport and accommodation, dinner at the accommodation location. Most units have a restaurant.

Day 2: The Trail

Starting point: Sângeorz-Băi spa resort

Arrival point: Tarnița Obârșia Rebrei, located between Vârful Rebra and Vârful Cormaia (1,998 m)

Marking: blue tape

Walking time: 12 hours

Approximate length: 25 km

Degree of difficulty: relatively difficult. Recommended for people with mountain hiking training and mountain gear (boots, cape, rucksack etc.)

Route condition: route without difficult terrain passages

Refuges and shelters: There are none

Points of tourist interest: Sângeorz – Băi spa resort, the spring of mineral water in the resort, the Zânelor cave in the Zânelor saddle under the Paltin Peak.

Guiding persons from Sângeorz-Băi: Dorin Cîrcu (0730.829.938)

Day 3: Hike on Cormaia Valley

Duration: about 4-5 hours

Objectives: over 20 waterfalls, the Cormaia gorges

Tourist facilities: trout farms where fresh fish can be served

Day 4: Mineral Waters Road

The road of mineral waters from the Sângeorz-Băi resort

Duration: 5-6 hours (hiking)

Tasting the mineral waters from the resort's captured springs

Tasting at the local gastronomic point
"Sanda lu' Mărișica"


Visiting the Museum of Comparative Art

Day 5: Cultural Objectives

Visiting the **"George Nechiti" Ethnographic Museum** in Ilva Mică (access by taxi or rental car from the resort, about 15 km)

Visiting the **Nest of Dreams Museum** in Maieru (access by car from Sângeorz-Băi)

Tasting: Megapark (Sângeorz-Băi), Don Pepe restaurant (Maieru)



ENPORTBETA, 2022
CHURCH IN FELEACU

CULTURAL TOURISM

Where: GAL Lider Cluj - Tureni,
Ciurila, Iara, Feleacu, Petreștii de
Jos (Romania)

The region of Transylvania has a special place in the history of European religions, due to the peaceful coexistence for centuries of the various cults that have flourished in the area. Very close to the GAL area, in the municipality of Turda, concluded the first "peace of religions". In 1568 (for comparison, a similar act was signed in western Europe only in 1648), here it was decided to end any conflicts with a religious substratum and to accept or tolerate all the cohabiting confessions. In what follows, we will discover some of the most important denominations that are still present in Transylvania today.



Day 1: Turda - Tureni - Petreștii de Jos - Sălicea

Today, we will go on a tourist pilgrimage, to discover the most important confessions of Transylvania. Our journey will begin in the municipality of **Turda**, where our guide will tell us more about the act signed in 1568 and its importance.

From here we will go to the village of **Tureni**, an old religious center since the Middle Ages, where we will have the opportunity to discover the **old reformed church**, built by the Hungarian community in the 18th century.

The patron pastor of the church will tell us not only about this edifice, but also about the differences between the 3 Protestant denominations present in Romania.

Extremely interesting is the Unitarian one, founded by the theologian David Ferenc. According to legend, coming from the assembly that sealed the Edict of Religious Tolerance, he gave a speech so convincing to the people of Cluj that they all converted to the new Unitarian confession. It is interesting that this speech would have been given from a trovant, an almost completely round geological formation, so often found especially in the Feleac area.

CULTURAL TOURISM

Leaving Tureni behind, we will go by coach to Petreștii de Jos, where we will visit the spectacular **Turda Gorges**. They have a mystical, legendary significance for the communities in the area, especially for the Hungarian ones.

According to several legends, King Ladislaus (later canonized by the Catholic Church) fought a harsh **war with the Tatars** in this exact area. Losing the battle and being in retreat, he prayed to God for a miracle, the mountain splitting like this.

Crossing the Gorges, we will walk along the **Hășdate stream**, which is fed by several springs. And these springs are said to have formed to quench the king's thirst.

In the evening we will stay in one of the guesthouses of **Ciurila** commune (for example, "La Mesteceni"), where we will enjoy delicious local dishes.

Day 2: Sălicea – Săliște – Măgura Ierii – Feleacu – Cluj/Turda Mountain biking

After breakfast, we will go to another village of the Ciurila commune, **Săliște**, where a masterpiece of wood art awaits us.

Although little known, the area of Hășdate was a real center in the 18th century ecclesiastical, which with the establishment of the Greek-Catholic Church, experienced an accelerated development of the construction of wooden churches.

The technique used is that of joining the beams in a "dovetail", using wooden beams from "permanent oak", and for the roof, shingles from spruce wood are used. The church in Săliște is very well preserved, it was restored in 1998 and retains some original elements from the 18th century.

Leaving Ciurila commune, we will head towards the mountain villages of Iara commune. It is a pre-alpine area with specifications and characteristics specific to the Apuseni Mountains.

The first stop will be in the village of **Măgura Ierii** where, exceptionally, the two communities, Orthodox and Greek-Catholic, share the place of worship. The church is built in a different way than the one seen before, with walls plastered in the blue specific to the area and a beautiful collection of old icons.

From here we will go to **Ocolisel**. The village was destroyed during the dramatic events of 1848, the old church burning and being rebuilt in the same location. And this church has many different elements compared to the ones visited previously, being covered with tiles. Extremely valuable and impressive are the mural paintings, representing scenes from the Old and New Testaments, combined with elements from local history and folklore. At lunch we will stop at a household in the village of Cacova Ierii where a warm family (future Local Gastronomic Point) invites us to a meal.

In the afternoon we will completely change the landscape and arrive in one of the oldest and most important Romanian hearths, the village. **The ruins of a stone church**, probably Orthodox, were discovered during the last archaeological excavations. Today's church dates back to the 15th century, probably being built as a result of the alliance and good collaboration between the voivode of Moldavia, Ștefan cel Mare, and the king of Hungary, Matia Corvin.

The church also tells the love story between Mihai Eminescu and Veronica Micle in the native village of the latter's husband.



ENPORTBETA, 2022

APPLE PIE

TRANSYLVANIAN BRUNCH

Where: GAL Lider Cluj - Tureni,
Iara, Aiton, Petreştii de Jos,
Ciurila (Romania)

Gastronomy is combined with cycling, hiking, cultural tourism, ecumenical tourism, etc., all in a pleasant and relaxed atmosphere. This type of event can be organized both as an open event, with the participation of anyone who wishes, but also as a closed event, for example for a private company.

Day 1: Bike&Brunch

Bike&Brunch "with small and large, in move to the magnifying glass"

9.00 a.m. meeting of all participants at Casele Micesti and starting with the bikes on the following route:

Micesti Houses – Săliște – Peana Peak (photo and hydration break) – Comșești – Tureni – Micești

Parallel to this route, we propose another route that starts from **Făgetul Clujului** and goes all the way to **Micești**. This route is much shorter and easier, and will be able to be traveled by people with weaker physical condition, as well as by children.

14.00 arrival in Micesti and the "inauguration of the buffet".

The meal will be organized on the principle of "Transylvanian Brunch" where most of the products come from local producers and give them the opportunity to sell their goods and meet their customers. The two proposed gastronomic themes will be "**marătorea**" (salt water from the local spring) and **mititeii** - allusion to the name "Micesti".

TRANSYLVANIAN BRUNCH

The proposal would be, as in addition to the platters with traditional products from producers in the area (such as **buffalo stew, sheep and goat cheese, salted bacon in dill, eggplant salad, zacusca**, etc.), the chefs to cook several kinds of mititei, from various meats (for example: a kind only with game meat, another only with mutton and pork, others with fish meat, etc.).

The brunch would be set up right next to the salt water spring, a cauldron full of this "magnifying glass" could be put on fire, so that the water evaporates and only the salt remains, which can then be presented to the tourists.

Day 2: "Heart-baked hikes"

At this event we thought of taking advantage of the proximity between the Czechs of Turzii and those of Borzesti, but above all the beauty and wildness of nature.

The gastronomic element will be represented by a table traditional, again in the form of brunch, at the Local Gastronomic Point of Mrs. Nemes in Făgetu Ierii.

The departure of tourists would take place from Cheile Turzii, on the marked route through Cheile Borzești to Cabana Buru.

Here a bus will wait for us and take us to Făgetu Ierii, where we will enjoy together the goodies taken out of the oven by Mrs. Nemeș, as well as other dishes cooked in the traditional way.

The event should also be dedicated to children, with even a small workshop for them. They will learn to knead the dough; they will put it in the oven themselves and at the end of the event they can take home their varzai or the pie they made themselves.

Day 3: "Aiton - crafts in Hoțeni"

We dedicated this event to families and especially to children. In the village of Aiton there is a warm community that carries out small social, educational and environmental projects, which deserve to be supported by organizing such events.

The venue would be the courtyard of the **Zeyk-Sandor mansion**, close to the famous ash tree. The brunch itself would be based on products grown and raised in the village, such as vegetable dishes, rabbit meat, ostrich or goat meat.

In terms of activities, the range should be diversified:

- For children, ceramic workshops with Mrs. Ambrus Emese
- Also, for children, hikes with the presentation of several medicinal plants, from which on the return can make tea/lemonade
- Visit to the private collection of popular costumes of "Tanti Vali"
- Hike on Ciolt hill with the members of the Rupicapra association
- Possibility of bicycle tour around the village



ENPORTBETA, 2022

SARDINIA

FEEL THE HEART OF SARDINIA

Where: GAL Distretto Rurale
Barbagia, Mandrolisai,
Gennargentu (Italy)

Art and Archeology in the Center
of Sardinia

Day 1: Friday

Morning:

- Arrival
- Biru'e Concas - Sorgono - Archaeological Park - Photography Workshop



Lunch:

- Lunch at 'Su Connottu', Sorgono

Afternoon:

- Visit to Museum MAMA Atzara - Painting Workshop

Dinner:

- Dinner at Vecchio Mulino, Atzara

Accommodation:

- Hotel Edera, Belvi

FEEL THE HEART OF SARDINIA

Day 2: Saturday

Morning:

- Visit to the Archeological Museum of Teti
- Visit to the nuragic site of Arbini

Lunch:

- Lunch at Agriturismo Abini Teti

Afternoon:

- Visit to Carmelo Floris Museum - Olzai
- Concepts, workshops and making of *Launeddas*
- Visit to the grain mill 'Su Mulinu Vezzu' or saint Barbara Church, Olzai

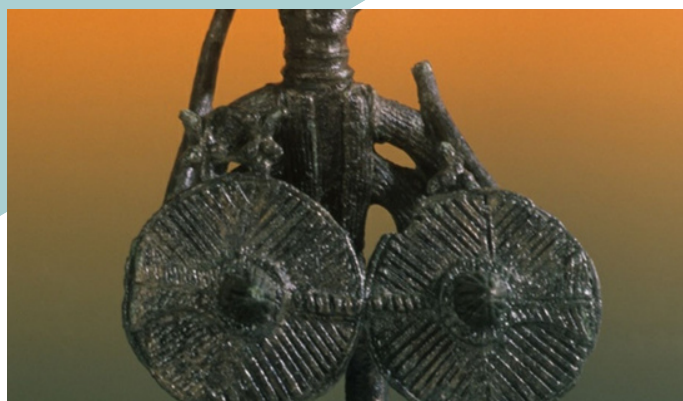


Dinner:

- Hotel Edera, Belvi

Accommodation:

- Hotel Edera, Belvi



Day 3: Sunday

Morning:

- Visit to the Nuraghe Nolza - Meana
- Visit to Train Station *Ortuabis* and reading of 'Sea and Sardinia' by D.H. Lawrence

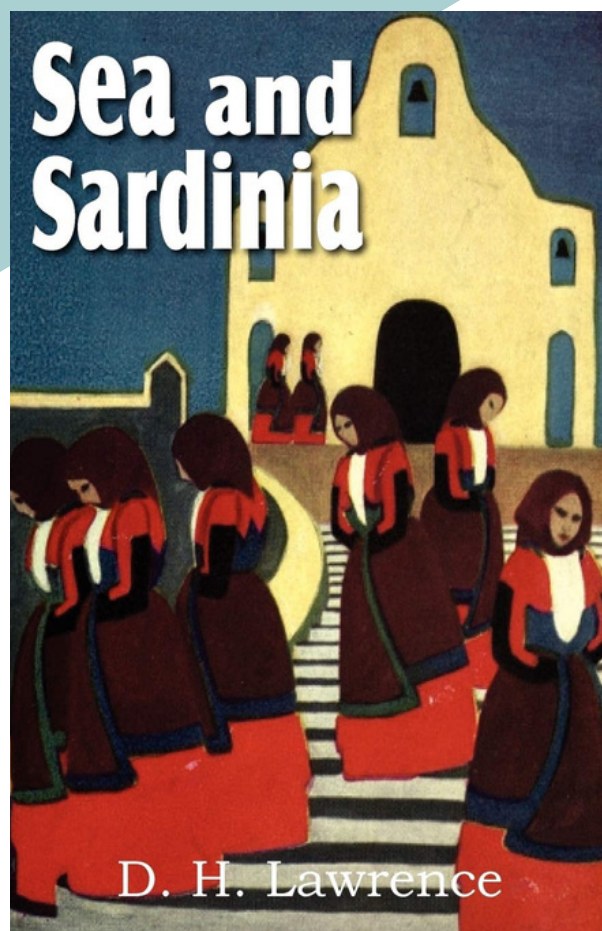


Lunch:

- Tasting of wine and local products at *Is Bingiateris*, Ortueri

Afternoon:

- Departure





3 DAYS IN RAZIM

Where: LAG Razim Territory



Gastronomy is combined with cycling, hiking, cultural tourism, ecumenical tourism, etc., all in a pleasant and relaxed atmosphere. This type of event can be organized both as an open event, with the participation of anyone who wishes, but also as a closed event, for example for a private company.



14:00

Accommodation:
Filip Guest house
in Sarichioi, village



14:30 – 16:00

Lunch at Tauc restaurant, Zebil village

Traditional food prepared from fresh fish from their own farm. All food is made from local products.

16:00 – 19:30

Short sport fishing at Tauc fish farm

The rental fee is for 24 hours, so you can spend as much time as you want.

20:00 – 21:30

Eating dinner at lakeview restaurant in Sarichioi village (traditional fish food and international cuisine)

08:00–09:30 Breakfast

09:30–12:00 Traditional boat trip on Lake Razim (departure from Sarichioi)

12:00–14:00 Lunch at Le Gafish restaurant

Le Gafish is a traditional tavern where the food is made only from fresh fish caught and brought by the fisherman in that day.. The tavern differs from other fish-specific restaurants by the method of cooking the fish: by **baking on the stove**, which is more tasty than fried fish.

14:00–16:00 Visit to the Museum of Traditional Dobrudjan Homestead in Enisala village

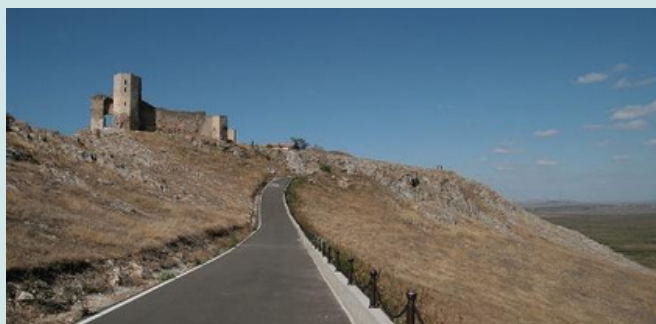
3 DAYS IN RAZIM

The Museum is preserved on site and is represents a synthesis of northern Dobrudjan traditional architecture since the beginning of the 20th century.



16:00–18:30 Enisala fortress

The only medieval fortress from Dobrogea that survived the Turkish–Russian wars from the 19th century, Enisala tells the hundreds of years old story of the time when the powerful Genovese merchants controlled the maritime commerce of the Black Sea.



18:30–20:30 Dinner at Safari Village Resort

Day 3

05:00–05:30 Breakfast

06:00–11:30 Fishing on Lake Razelm

Early morning fishing. Your body will benefit from clean air and you will enjoy a peaceful atmosphere.

12:15–13:40 Lunch at La Vitea restaurant (homemade pizza)

13:40–17:00 Departure to Jurilovca village. Doloşman Cape and Argamum Fortress



Cape Dolosman is a natural area that is included into the Danube Delta Biosphere Reserve. This is an important place for migratory birds. **Fortress Argamum** was founded by Greek colonists in the 7th century BC to protect the gulf beneath the Dolosman Cape. Up to the fortress you can enjoy the beauty of **Jurilovca** village, a special location inhabited by **lipovans**.

17:00–18:30 Visit Katiusa Design clothing creation studio in Jurilovca village

Traditional clothing items, specific to the Lipovans ethnic group. Costumes, ornaments, scarves and matryoshka dolls, can be admired and purchased.



18:30–22:00 Eating dinner at “La Navod” restaurant in Jurilovca village

The LA NAVOD tavern is a restaurant with a traditional fishing specialty where the traditional and the modern combine perfectly.

ENPORTBETA, 2022

SANCRAIU



Day 1: Thursday

CALATA'S COUNTRY - ALWAYS SURPRISING



Rates: 980 RON /
Person*

*Valid within limits of
availability for
accommodation and
transport and for a
minimum group of 18.

Where: Huedin - Sancraiu -
Valeni - Manastireni - Belis -
Izvoru Crisului (GAL Napoca
Porolissum, Romania)



Route: Cluj-Napoca - Huedin - Sancraiu

Accommodation in **Sancraiu (pensiunea Saroklak)**.

Dinner and walk in the village with a visit to the Reformed Church.

Day 2: Friday

- Breakfast
- Visit to the Reformed Churches in Valeni and Manastireni and also the Wooden Church in Belis.
- Optional lunch Colt de Rai Guesthouse (Belis)
- After lunch, water-bike ride on the Belis Lake - 2 hours.



CALATA'S COUNTRY



Day 2: Friday

- In the evening, back to Sancraiu for a short visit through the village-discovering local traditions.
- Traditional dinner from local products.

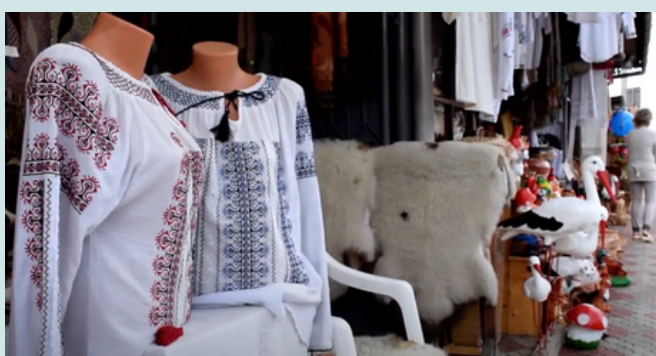


Day 3: Saturday

- Breakfast
- A hike to the lakes below Horaita Peak
- Optional: a traditional brunch at a sheepfold under Horaita
- Bike or cart ride to Alunisu village, discovering local traditions and customs (small workshops the tourists also participate in);
- In the evening: dinner with traditional music, Romanian and Hungarian local folk dances.

Day 4: Sunday

- Breakfast and check out
- Stop in Izvoru Crisului village for souvenirs



ENPORTBETA, 2022

DANUBE DELTA

DANUBE DELTA

Where: along the Sfântu Gheorghe Branch of the Danube (GAL Danube Delta, Romania)

Nature

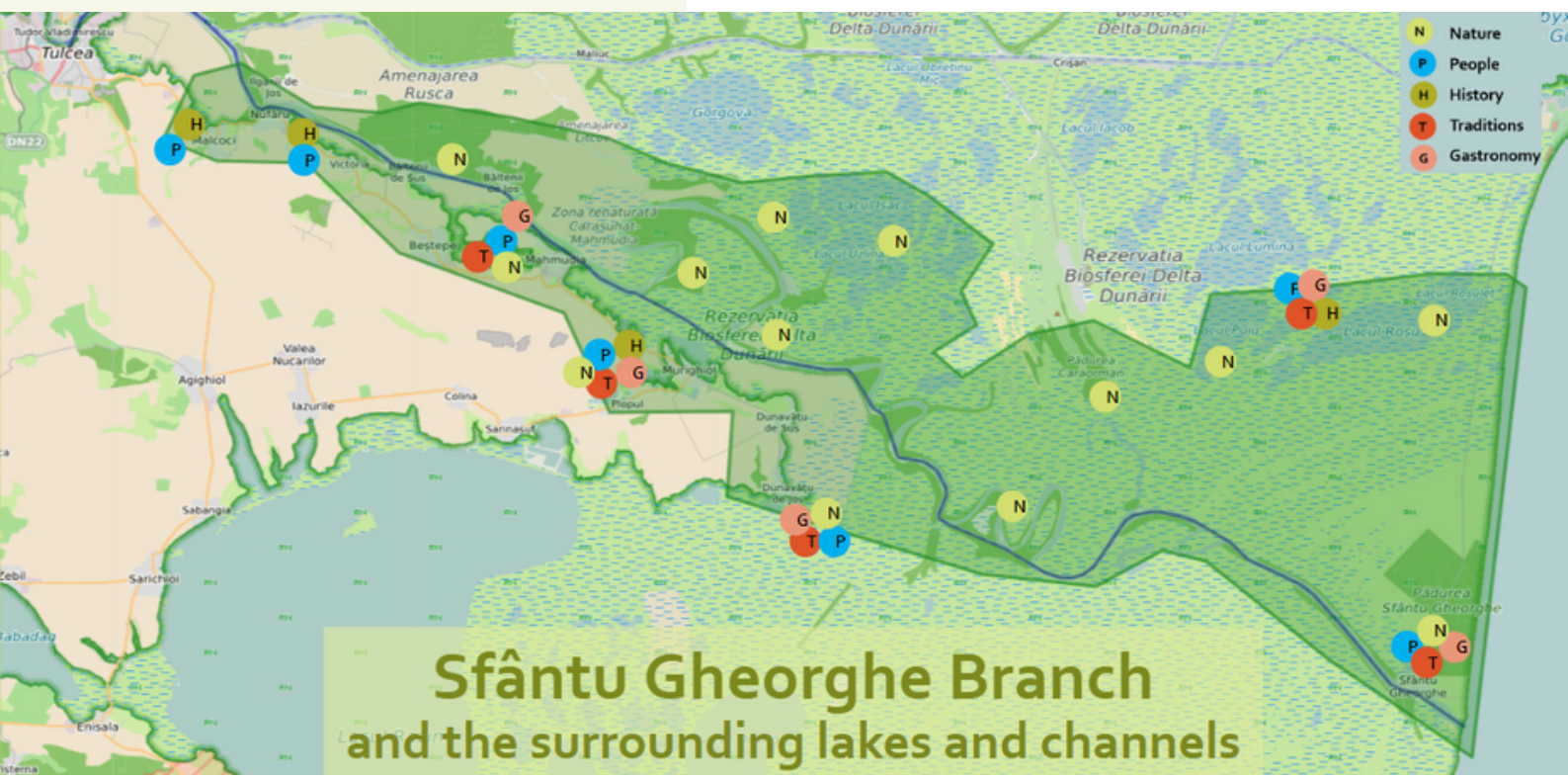
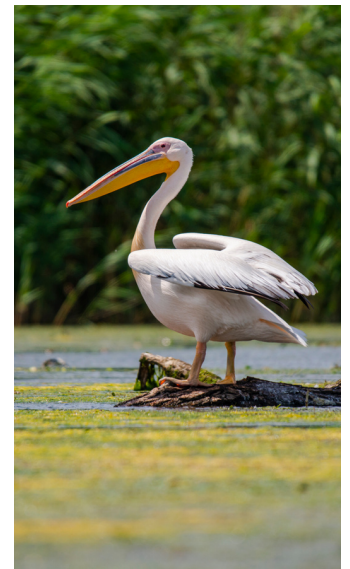
- White Water Lily
- Pelicans
- Sturgeons

Pelicans

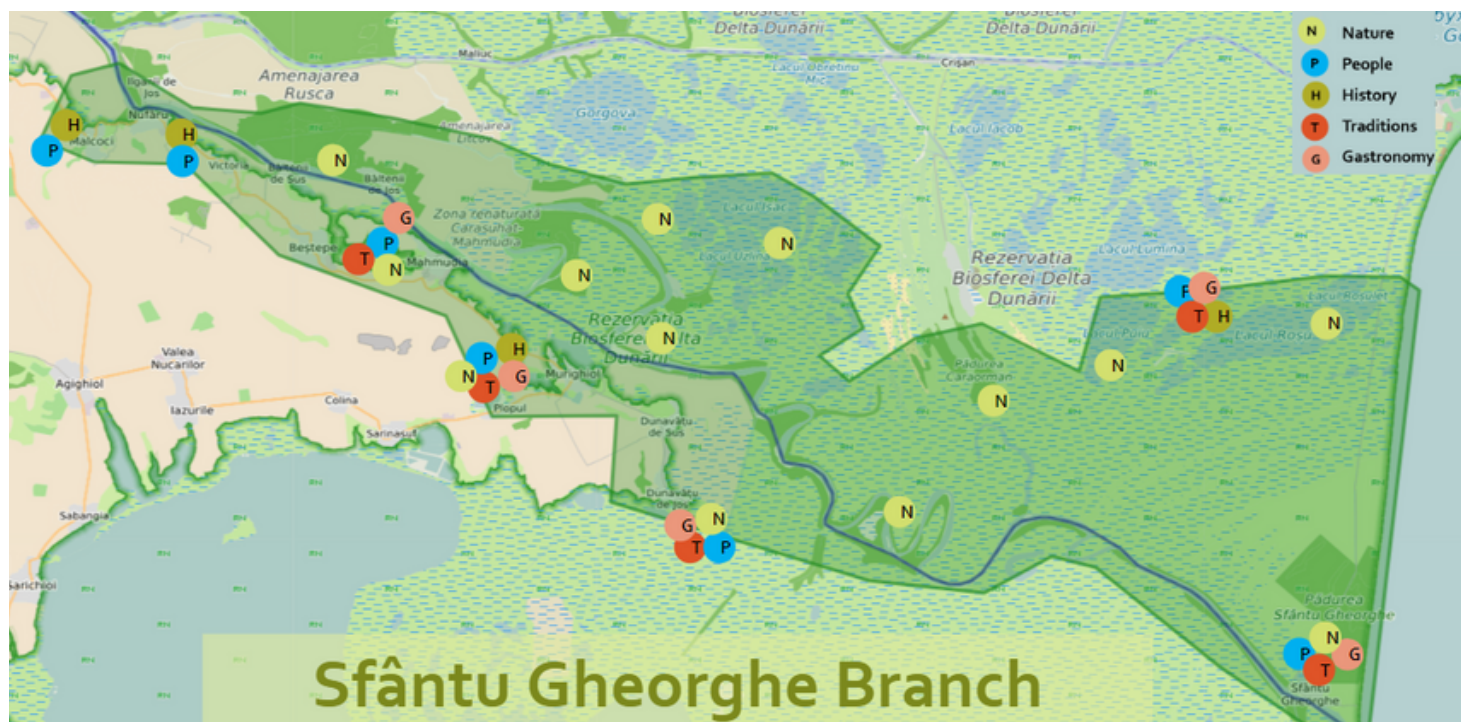
Migrating, aqua bird (March–May arrival and September – October departure)

Pelecanus crispus – 3.2 m wide in wings)

2–3 colonies with 2–3,000 individuals



DANUBE DELTA



People

- Hahols
- Lipovans
- Romanians

Hahols (Ukrainians)

Main profession – traditional fishing, cattle rearing

Summertime – tourism

Priorities – food, shelter (heating), not getting drawn away by storms at sea

Close community

Kazaks fighters from the 18th century in Danube Delta



Gastronomy

- Plakia
- Storcheag
- Fish borsh

Peasant Household's Kitchens (PHK)

- A concept addressing the national needs for traditional, local and homemade recipes.
- 12-guest capacity
- Meals made from local products and traditional recipes
- Preparation within 24 hours from fresh local products
- Shortlist menu



PHK's in LAG Danube Delta:

Mahmudia – 3 locations
Dunavățu de Jos – 1 location
Murighiol – 6 locations



ENPORTBETA, 2022

DEER NEAR CIURILA

CARPATHIAN WILDLIFE

Where: GAL Lider Cluj - Ciurila,
Petreștii de Jos, Valea Ierii
(Romania)

This program is designed in collaboration with members of the local communities, with environmental conservation associations and organizations, all with the aim of popularizing and protecting the unique local flora and fauna.

Day 1: Salicea

Stay at one of the guesthouses in the area and together with a very friendly local, set off "on the hills and plains" to discover the small animals and plants that live here.

We will learn about the role of medicinal plants, which not only treat us, but also the animals, and we will learn more about their behavior and life.

We will also go on the course of a small stream in search of an endangered orchid species, the **"lady's slipper"**. In the evening we will return to the accommodation for a dinner with local specialties.

Day 2: Bird watching + buffaloes

Today we will dedicate our day to **Ciurila and Șutu lakes**, but at the same time to probably the most interesting domestic animals that live here: **buffaloes**.

Early in the morning, a guide specialized in ornithology will join us and together we will try to discover the birds that live on the shores of these lakes.

CARPATHIAN WILDLIFE

Artificially created in the 1970s with the help of workers from the Danube Delta, this salvo of lakes has become a home for several species of birds, such as **the heron, the stork, the green grouse, the finch** or **the grasshopper**.

Also, these lakes harbor several species of fresh water fish, such as **carp, crucian carp, pike, shad** or **catfish**.

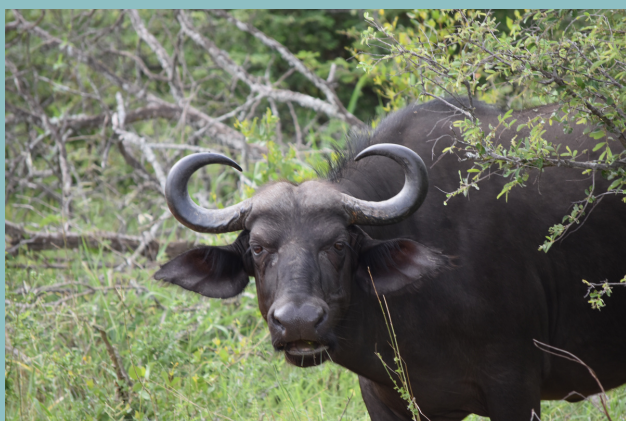
For the children's amusement, you can go fishing.

Lunch will take place at "**Stâna lui Aidan**", a beautiful location with an interesting and extremely environmentally friendly concept.

After lunch, we get ready to meet the "dragans" - the buffaloes. Introduced in Transylvania by the governor Samuel von Bruckenthal at the end of the 18th century, they adapted very quickly, becoming indispensable especially for forest work.

However, even after so many centuries of domestication, they have largely retained their wild character. We will go to a micro farm of some locals from Petreștii de Jos, we will witness the milking of the buffaloes and we will even have the opportunity to taste the rich and nutritious milk.

In the evening, at the guesthouse, we will receive a delicious mashed potato, made with **buffalo milk**.



Day 3: Valea Ierii - forest and bear watching

The third day is dedicated to the alpine area. We will leave in the morning from Sălicea, going to discover the Natura 2000 Site.

The rangers here will pick us up and together with them we will go into the heart of the forest. On the way we will learn valuable information about the animals that live here in a much higher concentration than in most other areas.

These are **mountain roosters, black goats, wild boars**, but especially large carnivores, such as the **brown bear, the wolf** and **the lynx**, the latter of which has made a pronounced comeback in the area in recent years.

On the way, we will be able to eat blackberries, raspberries or blueberries from the spontaneous flora, and the enthusiasts of mushrooms will certainly have a small net with them.

In the evening, accompanied by the ranger, we will arrive at an **observation post where, motionless and in complete silence, we will wait for the arrival of bears, or even wolves or lynxes**. In the evening we will return to the guesthouse and we hope to be able to say: "I saw the bear".

